



# PAC Pulse

The Newsletter of the Penshurst Anglican Church

31 July 2022

## From Rev Phill's Desk

### CARE IN A TIME OF SUFFERING

We are currently face wave after wave of adversity. The stress lines are coming out in people's lives. We want to reach out and show the love of Christ to people who are despondent and in need of help.

Here are some quick tips of how you can care for someone suffering:

#### 1) Give your time.

Grief is lonely and isolating. Being with someone is a comfort.

#### 2) Listen.

For people to open up about their vulnerability takes courage. You don't need to have the solutions. Just empathy.

#### 3) Provide practical support.

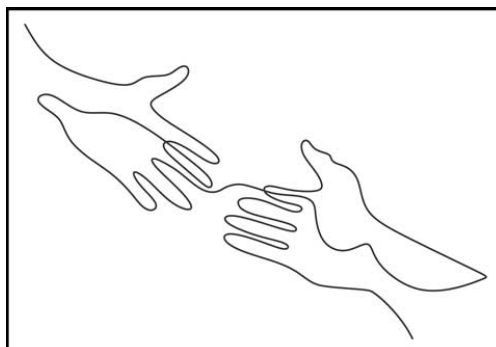
A meal. A lift. Offer to babysit. Help fill in a form.

When you are at a low point even simple tasks can feel like a mountain. This support can take a weight off their shoulders.

#### 4) Offer hope.

We know that God has a good plan for us. It may not occur here, but God is for us and will always be with us. When Christ returns, He will put everything right.

We meet people where they are but we also direct them to where they should go: Jesus.



# WHAT IS HAPPENING @ PAC

## Playtime starts this week!

Please pray for Tiny and her team as they look to connect with people in our community.

Every Thursday during school terms  
10:00am - 11:30am at church hall.



## Gardening

**Tomorrow 30<sup>th</sup> July 9:00am - 11:00am (Saturday)**



The gardens need our help!

We'll be weeding, so bring gloves, trowel and kneeling mats. Many thanks!

Please join us if you can. Ask Marilyn on  
0409 310 613 if you want to know more about this.

## Prayer

- Pray for those who have suffered sickness or bereavement.
- For many to join Playtime.
- For planning and preparation for the Mid-Autumn festival.
- For the vision planning team as they start to meet.
- Pray that we would thrive in our spiritual lives.



## Jason and Maria

Jason and Maria are preparing for missionary work in Asia.

- Give thanks for the training Jason is received in Malaysia.
- Give thanks for the time the family had while in Kuala Selangor.
- Pray for protection from COVID (they are both close contacts).
- Pray for Maria as she shares with a prayer group about their plans.
- Pray that the final administrative elements would be completed.
- Pray that they would soon travel to their location in Asia.

## Rosters

9am Service

	Greeters	Bible reader	Prayer	Counters
<b>31 July</b>	Bruce & Kavitha Lyman	Carolyn Moore Exodus 32	Peter Chappell	
<b>7 August</b>	Doris Chan	Bing Ceballos Exodus 34	Carolyn Moore	Cliff Seeto Doris Chan
<b>14 August</b>	Wendy Zeng Christine Blaser	Cliff Seeto 1 Cor 1	Jeff Powys	Wendy Zeng Christine Blaser

## 11am Service

	Greeters	Bible reader	Prayer	Counters	Musicians	Godly Play
<b>31 July</b>	Geoff Scrimmes	Daniel Exodus 32	Gaye Bishop	Amy Zhu Bel Wang	Shirley, Gordon, Leo, Eve, Gaye, John Zhu	Merilyn & Selina
<b>7 August</b>	Marina Leung & Ronny Leung	Joy Watkinson Exodus 34	Marina Leung	Ralph Chen & Kathie Johnson	Sophina, Phill, Hua, Lucy Yang, Miranda, Ray	Gaye, Lauren & Selina
<b>14 August</b>	Colette Read & Rinni Simpson	Andrew Ung 1 Cor 1	Amy Zhu	Jinbo Shi & Jing Huang		Gaye & Selina

## Online Banking

Please give your offertory by direct debit using the banking details below:

**Westpac Bank, Mortdale**  
**St Johns General Fund**  
**BSB: 032167**  
**Account No: 870821**

*"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."*  
 2 Corinthians 9:7

We use your offertory to pay for:

- ◆ The salaries of our paid ministry team;
- ◆ The costs of maintaining our Church and Hall buildings;
- ◆ The costs of our Youth Group and Children's Ministry

We give at least 10% of our income to our supported ministries and partners, here in Sydney and overseas. If you want further information please ask our Pastors and Church Wardens.

### SMALL GROUPS

If you are interested in joining one of a small group please speak to Rev. Phill about which cell will fit you best.

## Contact Us

**Senior Pastor: Rev. Phill Read**

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**Assistant Pastor: Rev Canon David Wong**

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**Family Pastor: Tiny Tse**

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